

GEAR GUIDE

Type of Gear	Lowest Price	Medium Price	Most Expensive
<p>Life Jacket</p> <p>Must Be Coast Guard Approved</p>	 <p>\$30</p>	 <p>\$60-90</p>	 <p>\$130</p>
Main Layer	 <p>\$80-\$120 A full or shorty wetsuit is the biggest bang for your buck when learning</p>	 <p>\$60-100 Spray tops and spray pants will keep you dry but will not keep you warm so you need other gear</p>	 <p>\$300 Superwarms are a very technical suit and the best gear you can buy</p>
<p>Bottom</p> <p>Snow pants and windbreaker pants will not work</p>	n/a	 <p>\$80 Wetsuit Pants are versatile for all weather and keep you warm</p>	 <p>\$140 Farm John or Skiff Suit keeps you warm but gives your arms freedom to move</p>
<p>Tops</p> <p>Avoid Cotton</p>	n/a	 <p>\$40 Fleece lined dry wick shirt is a great base layer under spray gear</p>	 <p>\$80 Wetsuit top keeps you warm but can be taken off in warm weather</p>
<p>Footwear</p> <p>Should protect foot and lower ankle area</p>	 <p>\$20</p>	 <p>\$35</p>	 <p>\$80</p>

<p>Sunglasses</p> <p>Should be Polarized</p>	 <p>\$20 Gas Station</p>	 <p>\$40 SunCloud</p>	 <p>\$200 Maui Jims</p>
<p>Watch</p> <p>Must have a COUNT DOWN feature!</p>	 <p>\$30 Target</p>	 <p>\$80 REI</p>	 <p>\$150 West Marine</p>
<p>Gloves</p>	 <p>\$4.00 Hardware Store</p>	 <p>\$4.00</p>	 <p>\$30 West Marine</p>

Resources to find gear...

www.westmarine.com

www.intensitysails.com (discount site)

www.westcoastsailing.com (currently having a sale for high school sailors)

www.rei.com