

SYC Sailing Instructor COVID-19 Policies and Procedures

Distributed to all Sailing Employees

While you are at work you must comply with the “SYC Youth Sailing Site-Specific Protection Plan,” “SYC Summer Sailing Program Rules and Procedures,” and these special instructor policies and procedures.

Away from work please remember:

Failure to comply with any of the provisions of the current Marin County COVID-19 Health Order constitutes an imminent threat and menace to public health, constitutes a public nuisance, and is punishable by fine, imprisonment, or both.

Among other things, this means:

- TO CONTINUE SHELTERING AT YOUR PLACE OF RESIDENCE EXCEPT FOR IDENTIFIED NEEDS AND ACTIVITIES, IN COMPLIANCE WITH SPECIFIED REQUIREMENTS.
- DO NOT COME TO WORK IF FEELING ILL OR SICK. NOTIFY THE YOUTH DIRECTOR IF YOU NEED TO STAY HOME.
- FOLLOW SOCIAL DISTANCING REQUIREMENTS.
- FOLLOW MARIN COUNTY FACE COVERING ORDER.

Clock In/Out Procedures

Wash your hands before and after using the computer screen. Failure to do so may result in immediate dismissal from the program.

Stable Group Meeting Places

- Each class (Stable Group) will be assigned a “Meeting Place” (classroom), and must stay in that area for all non rigging, sailing, classroom and exercise related activities.
 - Tera Class = North end of deck
 - FJ Class = South end of deck
 - Race Team = Dining Room
- Drop-off and Pick-up will take place in the club parking lot with your entire group. Instructors will monitor this action at all times. Do not make contact with parents in vehicles and stay 6 feet away at all times.
- Kids will arrive to these Meeting Places directly from their cars on their own, and will leave from them at pickup.
- Personal belongings of instructors and kids must remain in these spaces, and lunch will take place there. Everyone must bring their own lunch - no sharing.
- Instructors/groups will be assigned coach boats. Do not switch or change boats during a session unless otherwise instructed by the Youth Sailing Director.

Restroom Policy

- Restrooms are to be used for toilet needs only, no changing or showering except in an approved emergency.
- If a kid needs to use the bathroom they must be accompanied by one of the Stable

Group's instructors (groups are OK). Maximum of 2 people (from the same Group) in the entire restroom at once, while others wait outside with their instructor. People from different Stable Groups must remain separated by at least 6 feet while waiting.

- Restroom doors and other touch surfaces must be sanitized after each use, by assigned Housekeeping staff.

Separating a Participant from your Stable Group

If a kid needs to be separated from their Stable Group because of injury, illness, being scared, refusing to do the swim test, etc. they must be brought to the designated "Separation Space," and the Youth Director will be notified. The Youth Director or assigned manager will take over so that the instructor can return to the group.

Separation Space = Junior Sailing Office

On-Water Emergencies

Standard Emergency Procedures must be followed, along with the following: Do not assist kids in other Stable Groups, unless it is an injury or high potential for injury. If you assist a kid from another Stable Group, you must immediately head to shore and report to the Youth Director and file the required report, and follow disinfection guidelines; wash hands and disinfect your coach boat before returning to your assigned group.

COVID-19 Sanitation Guidelines

- For items and surfaces that need to be "disinfected," per the schedule: Wear disposable gloves and use provided disinfectant spray (hydrogen peroxide mixture) and then wipe off after one minute.
- For items and surfaces that need "enhanced cleaning," per the schedule: use soap and water liberally and rinse.
- For high touch boat areas like steering wheels, wash and then disinfect.
- For items touched frequently by sailors wash with soap and water.